

Information

Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

Exercise Equipment

Exercise Equipment is available in the **Lifestyle Office** for use/sign out. Please see Amber for more information.

Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings, and activities to sign up for!

Barrie Public Library Books

Large print Barrie Public Library books and DVD's are always available in the **Lifestyle Office**

Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Monica Mosher, RPN, Director of Wellness - monica@simcoeterrace.com

Joanne Heise, Food and Beverage Manager - joanne@simcoeterrace.com

Amber Head, Lifestyle Consultant - amber@simcoeterrace.com



Simcoe Terrace

Retirement Residence

44 Donald Street

Barrie, Ontario

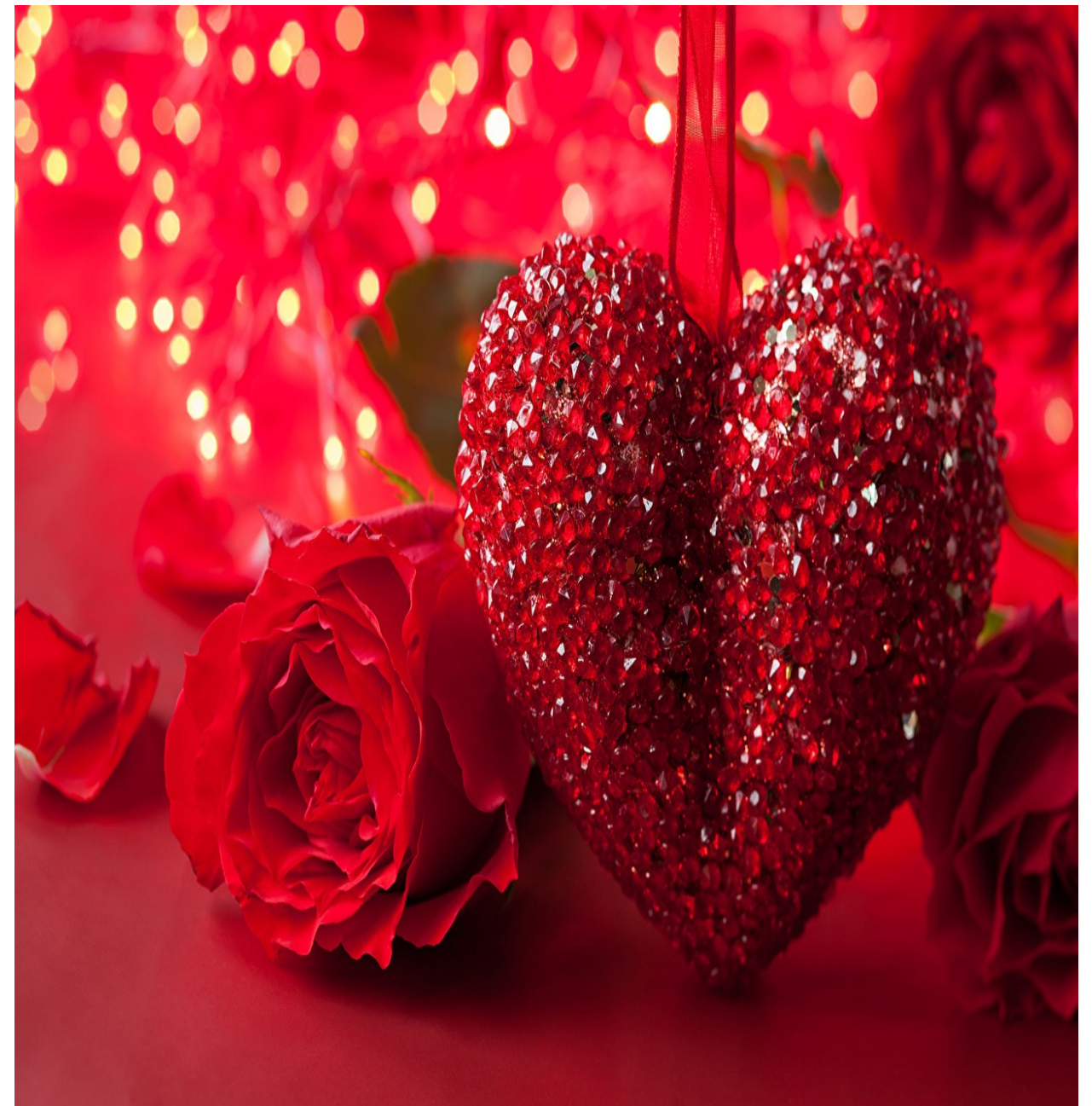
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Simcoe Terrace Retirement Residence

February 2018 Issue



The Terrace Tribune

Happy Valentines Day



Message from the GM

January is over and although it has been cold, we've had a January thaw with little snow to contend with.

We welcome Amber back from maternity leave to the Lifestyle Consultant Position. It's great to have her back but we will also miss having Daniella here. I want to say on behalf of all of us what a great job Daniella did. She is a wonderful young woman and we wish her all the best in her future endeavors.

We will also be welcoming a new food and beverage manager this month. Joanne Heise is starting February 12th. Joanne is a Red Seal Chef with great experience and lots of ideas for us. Welcome Joanne.

Please remember that it is still Flu season, and this is apparently the worst year for a long time. Wash your hands frequently and report any symptoms to nursing promptly

Have a Great February Everybody

Michael Ayers
General Manager

Welcome to the Terrace

Richard Hyatt
Harry Sloan

February Outings

We will be going to Danny's Fish and Chips by school bus on Tuesday February 20th, 2018. We will leave Simcoe Terrace at approximately **11:00am, and return at approximately **1:00pm**. Residents are responsible for covering the cost of their meals. This outing is limited to 10 residents. Please sign up in the Leisure Binder if you are interested.**



Please note that unforeseeable circumstances may require outings to be postponed or cancelled

Resident Council News

2018 Resident Council Members:

Margaret Milne - Library/Secretary Committee

Dorothy Hilliard - Welcoming Committee

Falk Stethin - Recreation Committee

Judi Cadman & Barbara Lane - Treasury/Fundraising Committee

Please continue to use the Resident Council Suggestion box located in the front lounge!

Highlights of the Month

Karaoke Night! - Join Eryn in the Activity Room on Monday February 12th at 7:00 pm for a Karaoke party! Sign up at the front desk in the leisure and lifestyle book to claim your spot to sing! Song choices will be provided as well! If you don't like to sing, then join in the group for a drink and some entertainment, the bar will be open!

Simcoe Terrace Olympic Games Simcoe Terrace will be hosting their own Olympic games! Join us on Friday February 9th at 1:30 pm to celebrate our own opening games including information about the 2018 Olympics and facts on the countries attending. Our Olympic games will start February 12th and end February 21st. Look on the calendar for games stating "Olympic". Scores will be recorded for each Olympic game and awards will be given at the closing ceremonies on February 23rd! Come support your Simcoe Terrace Team!

Dietary Update— we have a new Food and Beverage Manager starting February 12th. Her name is Joanne Heise. She is a Red Seal Chef with 20 years experience as a cook and also has her "Food Service and Nutrition Management" designation from Health Care Canada. We look forward to Joanne joining the Simcoe Terrace team.

Be My Valentine Photo Contest! Bring your wedding photos to Amber no later than Tuesday, February 13th to be part of our photo guessing game in the front lounge! Get involved to be eligible for a sweet prize!

A message from Daniella—I would like to thank you all for making this year exciting and memorable for me. Thank you for all the laughs during activities, outings, and pub nights! I have enjoyed getting to know each and every one of you, and I wish you all the best.

Keep an eye on the Calendar!

Feb 2—Program Chat with Amber and Eryn

Feb 2—New Resident Meet and Greet

Feb 5—Foot Care

Feb 9—Simcoe Terrace Olympic Games Opening Ceremonies

Feb 12—Foot Care

Feb 12—Karaoke Party Night with Eryn!

Feb 14—Happy Valentines Day! Party at 2:30pm

Feb 14—Be My Valentine Wedding Photo Display! FL

Feb 16—Ladies Wine and Cheese, Please!

Feb 19—Family Day Holiday

Feb 20—Dann's Fish and Chips Lunch Outing

Feb 23—Simcoe Terrace Olympic Games Closing Ceremonies

Feb 23—Men's Beer and Billiards

Feb 26—Birthday Party with Les Howard

Feb 27—Resident General Meeting



Resident's Corner

Flowers, Stones and Signs for February Babies

The February birth flowers are the **violet** and the **primrose**. The violet signifies watchfulness, loyalty, and faithfulness. Give a violet to someone to let them know you'll always be there for them. The other February flower is the primrose, which lets someone know you can't live without them. Primroses are colorful perennials of European origin that are not actually related to the rose. Among the first to bloom as winter retreats, they'll multiply each year if given a little shade and moist (but not soggy) soil.

For individuals with February birthdays, the **amethyst** makes a perfect birthstone. This month is often cold, dark and short for many people around the world, so the amethyst—which is often associated with qualities of peace, courage and stability—is the right gem for individuals who need a little extra warmth and strength this time of year.

Aquarius: Jan 20 – Feb 18 **Pisces:** Feb 19—Mar 20



Phil Mitton—Feb 3

Robert Minister—Feb 3

Ruth Reid— Feb 4

Zita Vivic— Feb 5

Evelyn Flatman— Feb 8

Charlie Cunningham— Feb 8

Gordon Hayter— Feb 10

Adrienne Alphonse— Feb 13

Ann Floyd— Feb 14

Gordon Watson—Feb 15

Mary Franco—Feb 16

Bill Wright— Feb 22

Ken Ray— Feb 23

Jack Simpson— Feb 26

Barb Ramballie—Feb 27

Join us on Monday February 26th in the Activity Room at 2:00pm for our February Babies Birthday Party with Les Howard! Cake and ice cream will be served!

Athletes of the Month!

Can you beat these amazing achievements?

Prove it!

Darts: Evelyn F: 542 pts!

Ladder Ball: N/A

Floor Kurl: Team Blue with 2 wins, Red 1 win!

Bean Bag Toss: Evelyn F. 513 pts

Carpet Bowling: Leonie L: 124 pts!

Bingo: Dec— Iona, Muriel, Dorothy, 10

Jan— Vera, Evelyn, 8

Washer Toss: Iona S 210 pts!

Shuffleboard:

Table #1: Joan J. 2858! **Table#2:** Evelyn. F total month score of 2948 !